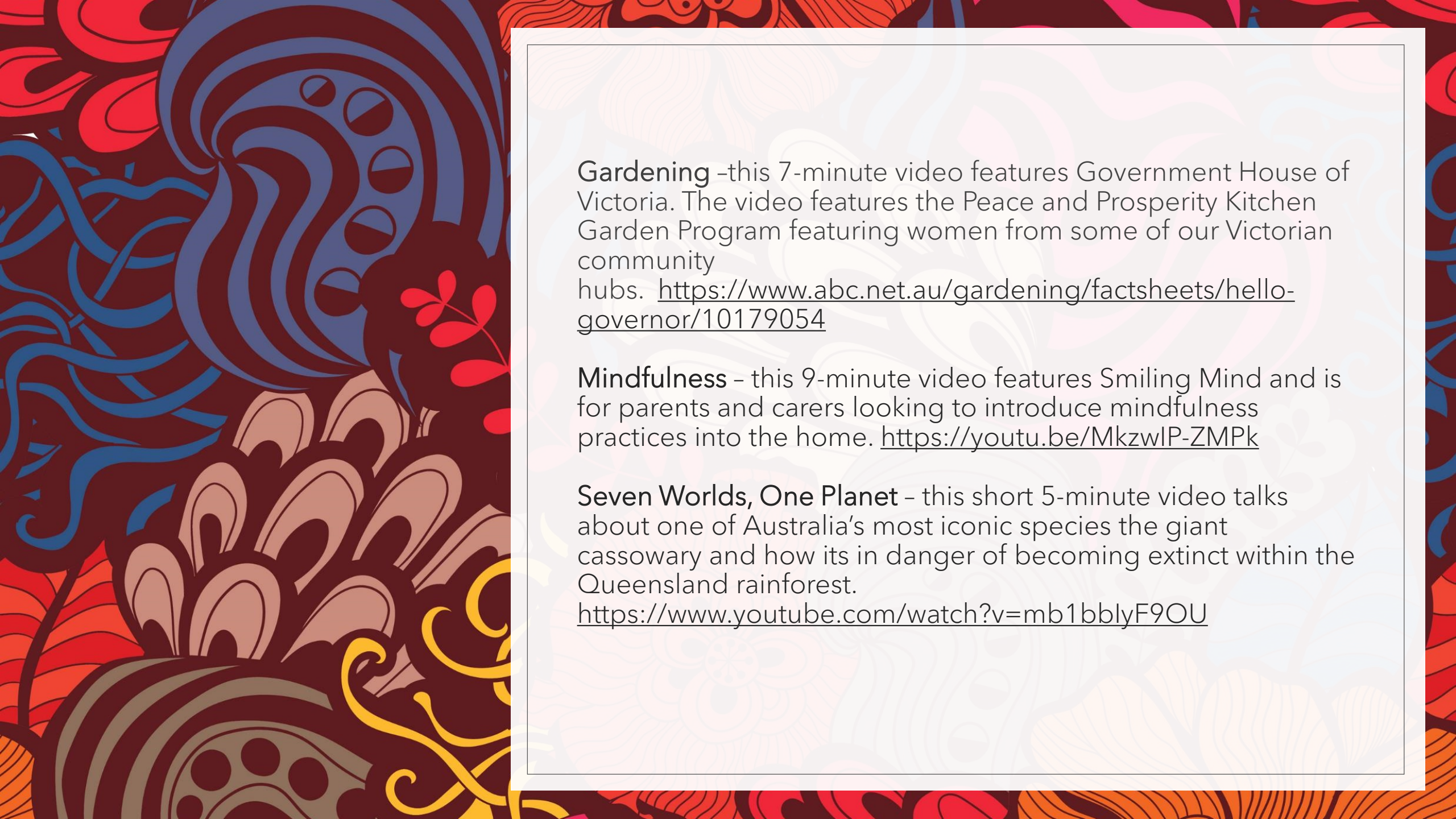




COFFEE AND CHAT TOPICS

Ideas for Term 4



Gardening -this 7-minute video features Government House of Victoria. The video features the Peace and Prosperity Kitchen Garden Program featuring women from some of our Victorian community

hubs. <https://www.abc.net.au/gardening/factsheets/hello-governor/10179054>

Mindfulness - this 9-minute video features Smiling Mind and is for parents and carers looking to introduce mindfulness practices into the home. <https://youtu.be/MkzwIP-ZMPk>

Seven Worlds, One Planet - this short 5-minute video talks about one of Australia's most iconic species the giant cassowary and how its in danger of becoming extinct within the Queensland rainforest.

<https://www.youtube.com/watch?v=mb1bblyF9OU>